



Your Move to Luleå checklist - welcome home!

Moving to a new country comes with many practical steps. This checklist is here to guide you – before and after your move – so you can settle in and focus on building your new life in Luleå, a place to belong.

Some steps below depend on whether you are moving from within the EU or from outside the EU.

BEFORE YOU ARRIVE IN LULEÅ

- ☐ Start the search for jobs before your arrival in Luleå or make sure you have a signed work contract.
- ☐ Start planning your learning of the Swedish language, as it's crucial on the Swedish labor market. By starting to study Swedish, you increase your chances in getting a job and to integrate in Luleå.
- ☐ If you're an EU/EEA citizen, you can consider the Targeted Mobility Scheme (TMS) which provides support before your relocation. Email us for more information.
- ☐ If you are moving from outside the EU, your employer must start the work permit process. Contact the Swedish Embassy or Consulate in your home country for guidance on residence and work permits.
- ☐ Check that your vaccinations and medical documents are up to date.
- ☐ Inform postal services in your home country about your new address in Sweden.
- ☐ If you are bringing a pet, find guidance at www.petrelocation.com.
- ☐ Planning to bring a vehicle? Contact the Swedish Transport Agency for rules and requirements.
- ☐ Review your winter wardrobe and prepare for cold temperatures (from October to Mars) by investing in warm layers (preferable wool) and plan to purchase high-quality winter boots that provide good insulation and grip.

AUTHORITIES AND EVERYDAY SERVICES

- ☐ Register at a home address as a resident in Luleå to access local services and benefits, it's called "folkbokföring" via www.skatteverket.se.
- ☐ Apply for a Swedish personal identity number "personnummer" via the Swedish Tax Agency: www.skatteverket.se. Initially, you will get a "samordningsnummer" to be able to start your life in Luleå.
- ☐ Once you have a personnummer, apply for a Swedish ID card through the Tax Agency or the Police: [Pass och nationellt id-kort | Polismyndigheten](#)
- ☐ To obtain BankID in Sweden, you need the personnummer, be a customer of a Swedish bank, and have a valid Swedish ID document (passport or national ID card). You need BankID in Sweden to be able to identify yourself, pay your bills and transfer money online: [Get BankID](#)



- ☐ Consider using Freja eID, a free, government approved electronic ID that can be used as a physical ID in your mobile phone. Unlike BankID, which requires a Swedish personal identity number and a bank account, Freja can also be used by people without a Swedish personal identity number: [Get Freja - Freja](#)
- ☐ Once you're registered at a home address in Luleå and have a "samordningsnummer" from Skatteverket, you can apply for Swedish for immigrants, SFI that is arranged by Luleå municipality: [Ansökan till SFI - Luleå kommun](#).
As SFI is offered by the municipality, it's free of charge.
- ☐ Make sure you have the right insurance coverage for life in Sweden. Especially during your initial period before you are fully registered, if you are moving from outside the EU.
- ☐ Choose a Swedish mobile phone plan that suits your needs.
- ☐ Ask your landlord or housing provider about internet options.

HEALTHCARE IN NORRBOTTEN

- ☐ Register with a healthcare centre (hälsocentral) and bring relevant medical documentation.
- ☐ Register an ICE (In Case of Emergency) contact on your phone.
- ☐ Choose and register with a dentist.
- ☐ For healthcare advice, contact Region Norrbotten via www.1177.se/norrbotten.
- ☐ In emergencies, call 112. For non-urgent medical advice, call 1177.

WORK, COMMUTING AND EVERYDAY LOGISTICS

- ☐ Confirm that your employer has completed the necessary steps for your employment in Sweden.
- ☐ Plan how you will commute – by bus, bike or car – between home and work.
- ☐ Explore local public transport options in Luleå.
- ☐ If you drive, ask about parking options at your workplace.
- ☐ Consider joining a trade union relevant to your profession.
- ☐ If needed, have your foreign education recognised: www.uhr.se/en/start/
- ☐ If you want more support around work and careers, visit www.arbetsformedlingen.se.

LIFE, LEISURE AND COMMUNITY

- ☐ Discover everyday life, services and activities at www.lulea.se or www.movetolulea.se.
- ☐ Get inspired by culture, food, nature and events at www.visitlulea.se/en.
- ☐ Explore outdoor life – nature, water and trails are always close by in Luleå.
- ☐ Look for newcomer activities such as Luleå Meet-ups via Move to Luleå and community networking events: [Evenemang för näringslivet - Luleå kommun](#).
- ☐ Join local Facebook groups to connect with people who share your interests.
Childcare and school – for your child's everyday life in Luleå
- ☐ Apply for a childcare place (förskola) through Luleå Municipality or a private provider.
Please note that the processing time is usually around 3–4 months:
[Ansök eller säg upp plats i förskola - Luleå kommun](#)



- ☐ If you are not yet living in Luleå, clearly state your planned move in date in the application and respond to any requests for information needed to process the placement. Be aware that childcare generally follows the school year and is usually closed during the summer and Christmas holidays.
- ☐ Learn more about how the childcare application process works in Luleå:
[Förskola - Luleå kommun](#)
- ☐ If you prefer an international education, you can apply to Luleå International School – a municipal compulsory school where a large part of the teaching is in English (years 4–9):
[Luleå International School \(In English\) - primary school with an international focus - Luleå kommun](#)
- ☐ School attendance is compulsory in Sweden. Apply for a school place for your child via the municipality: [Grundskola - Luleå kommun](#)
- ☐ Apply for after school care (fritidshem) through Luleå Municipality or a private provider. The processing time is usually around 2–4 weeks:
[Ansök eller säg upp plats i fritidshem - Luleå kommun](#)
- ☐ Does your child need school transport or a student travel pass? Check the rules and application process here: [Skolskjuts, elevresor - Luleå kommun](#)
- ☐ If you have questions about childcare or school, Luleå Municipality's customer service is there to help: [Kontakta Luleå kommun - Luleå kommun](#)
- ☐ Explore the different childcare options available in Luleå, including municipal and independent providers: [Förskolor i Luleå - Luleå kommun](#)
- ☐ Education for children is free in Sweden. However, fees apply for preschool and after school care. Read more about current fees in Luleå here: [Avgifter för förskola - Luleå kommun](#)

BANKING & EVERYDAY FINANCES

- ☐ Sweden is largely cash-free, so make sure you have access to a debit or credit card that works internationally during your first weeks.
- ☐ Save documentation from your current bank, such as account statements, transaction histories and receipts, as these may be needed if you later transfer money to a Swedish account.
- ☐ Since checks are rarely used in Sweden, make sure any checks are redeemed or deposited before you move.
- ☐ Some foreign cards may not be accepted everywhere in northern Sweden, so check that your card works well in shops and services where you plan to live.
- ☐ Before opening a Swedish bank account, take some time to explore your options. You will need to visit a local bank branch in person and present a valid Swedish ID card. As bank services, offers and documentation requirements can differ, it's a good idea to compare banks in advance by visiting their websites and choosing the option that suits your needs best.
- ☐ Bring your employment agreement to your bank appointment, as this is usually required to set up a salary account.



- ☐ If you are planning to buy a home in the future, talk to your bank early about securing a loan commitment and understanding your financial options.
- ☐ Discuss savings solutions with your bank to find options that match your goals, whether for short-term needs or long-term plans.
- ☐ Make sure you are properly insured. Common insurances in Sweden include home, accident, car, property and life insurance.
- ☐ Plan for a yearly review of your finances with your bank to stay on track and adjust your savings or loans if needed.
- ☐ Pay your bills on time. Missed payments may lead to records with the Swedish Enforcement Authority, which can affect future contracts or loans.
- ☐ Contact your bank if you need to transfer money to another country, as they can guide you on secure and cost-effective transfer options.

HOUSING AND OTHER ACCOMMODATIONS

- ☐ Learn about Luleå on [Stadsdelar i Luleå - Luleå kommun](#) and familiarize yourself with different areas of the city.
- ☐ Register in the housing queue. You can find Luleå landlords who use both a queue-based system and a first-come-first-served principle here: [Landlords in Luleå \(English\)](#).
- ☐ In addition to the larger rental platforms, there are two active Facebook groups where locals rent out apartments: "Lägenheter i Luleå" and "Bostäder i Luleå och Norrbotten". Many people also use [Hyra bostad - Luleå | Blocket Bostad](#) – a trusted site used across Sweden for renting out both apartments and houses.
- ☐ When you're renting an apartment or a house, it's a good idea to check what local guidelines apply – things like storage rules, parking arrangements, and any policies on smoking or pets. It helps make your move smoother and ensures you know what to expect from day one.
- ☐ Maybe you are looking for a renovation project, an apartment or a cosy cottage. Check out [Hemnet](#), [Booli](#) or [Bovision](#) and find your future home.
- ☐ Contact a real-estate broker before buying a house or apartment – they guide you through the legal and practical steps.
- ☐ Ask your real-estate agent whether the property has any servitudes or shared arrangements, and make sure to check the availability of internet access and mobile coverage in the area so you know what to expect before moving in.

You don't have to figure everything out on your own. Team Move to Luleå can guide you if you have questions along the way. Welcome to Luleå – welcome home.

CONTACT US

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